

TREK 10 TRAILS 2017

Park GPS Coordinates:

N 27° 59.741 W 081° 40.008

115 Lameraux Rd,
Winter Haven, FL



DRIVING DIRECTIONS

From Lakeland, take the Polk Parkway to Winter Lake Road exit. Follow Winter Lake Road to US17 and turn left. Follow US17 to SR540/Cypress Gardens Rd and turn right. Follow US17 to SR540/Cypress Gardens Rd 2.9 miles to Cypress Gardens Rd SE and turn right. Follow Cypress Gardens Rd SE 1 mile and turn left on Lameraux Rd. The entrance to the Street Audubon Center is on the left. Proceed through entrance on dirt road to the parking area.

THINGS TO SEE

The Lake Trail provides an opportunity see water birds along the edges of Lake Ned. A resident gopher tortoise can sometimes be spotted. A variety of birds frequent the canopy of trees that shade the trails. Butterflies visit the gardens near the Howe House.

The Center is on the Great Florida Birding Trail <http://www.floridabirdingtrail.com/>. Two trails run through the sanctuary - one along the edge of Lake Ned and the other along the high dry ridge and the large butterfly garden.

TREK TEN CACHE COORDINATES:

N 27° 59.664 W 081° 40.025



FIND THE CACHE WITHOUT GPS:

After parking, head towards the Howe House, keeping the house on your right. Continue walking until you reach a covered picnic table. Turn left and then take your next left. After the end of the bamboo go another 100 feet and on your right you will see the remains of a large cypress tree. At the base of the cypress tree there is the remains of a tree on the ground. Between the tree and cypress you will find the geocache. To return to the parking area continue along the trail, keeping to the left at any forks. (Hike: 0.4 miles loop)

Street Audubon Center

The Howe House is the home of Lake Region Audubon Society and Street Audubon Center. The house, built of cypress wood, is over 80 years-old. Luella Street donated the house and 42 acres on Lake Ned to Audubon in the 1970s. Mabel Howe donated money to move the building to the present location. Volunteers keep the grounds open to the public Monday - Saturday, 9 - 3. The center is usually closed on Sundays and holidays. Leashed dogs are permitted on trails; bicycles and horses are not. In case of severe fire conditions or other emergency, the gate may be locked.



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