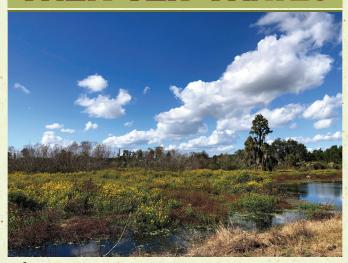
## TREK TEN TRAHES



## Get off the couch and have some Trek Ten outdoor fun in CENTRAL FLORIDA'S POLK COUNTY!

Visit our website and select the Trek Ten Trails page to download trail maps, driving directions, GPS coordinates and easy-to-follow written instructions to find the hidden treasures along the trails. **Hike your choice of ten trails from posted locations or check the website for a schedule of hosted walks.** Validate your hikes with self-inking stamps found in caches. Get trekking today!



Follow us on Facebook – Facebook.com/FriendsOfThePolkCountyParks





1-800-828-7655, code TT or 863-420-2586 www.VisitCentralFlorida.com





## Hike ten of your choice

Log your treks – it's FREE! www.geocaching.com



Trek 5











validate stamp your trek ten hikes and return your card to be eligible for certificate of completion and souvenir token.

Include your name/address and mail to:

## trek ten trails

P.O. Box 1391 • Bartow, FL 33831-1391

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Name	18	The same			
Address		New York			
City / State / Zip					
F-mail					

Visit our website for complete details: www.friendsoftheparks.net
NO INTERNET? Visit a Polk County Library to access our website
and pick-up your Trek Ten Validation Card.